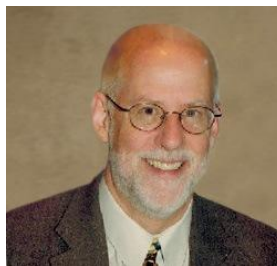


## Curriculum Vitae

### **Richard M. Sobel, MD**

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**Distinguished Fellow of the American Psychiatric Association  
Subspecialty ABMS Certification in Pain Medicine  
Harvard Medical School Trained  
President – Greater Philadelphia Pain Society  
2013 Practitioner of the Year, Philadelphia Psychiatric Society**

### **Current Academic and Professional Activities**

- Private Practice in General Adult Psychiatry and Pain Medicine
- Assistant Clinical Professor, Department of Psychiatry and Human Behavior, Jefferson Medical College; Philadelphia, PA
- Medical Staff, Thomas Jefferson University Hospital; Philadelphia, PA
- Medical Staff, Belmont Center for Comprehensive Treatment; Philadelphia, PA

### **Licensure and Certification**

- Pennsylvania Medical License # MD-035260-E, Granted 2/10/86
- Florida Medical License # ME78289, Granted 6/16/99
- Diplomate, American Board of Psychiatry and Neurology,  
Specialty Certification in Psychiatry, Certificate # 29694, certified 11/87
- Diplomate, American Board of Psychiatry and Neurology,  
Subspecialty Certification in Pain Medicine, Certificate # 149,  
Certified 11/2003, Recertified 9/2013
- Diplomate, American Board of Psychiatry and Neurology,  
Subspecialty Certification in Geriatric Psychiatry, Certificate # 500802  
Certified 11/1991, Recertified 7/2001 - 12/2011 (expired)

## **Education and Postdoctoral Training**

- 1976 B.S. Massachusetts Institute of Technology (Chemistry); Cambridge, MA
- 1977 M.S. Massachusetts Institute of Technology (Nutritional Biochemistry and Metabolism)
- 1981 M.D. Pennsylvania State University; Hershey, PA
- 1981-1982 Intern in Medicine; Allentown Affiliated Hospitals, Allentown, PA
- 1982-1985 Resident in Psychiatry; The Beth Israel Hospital, Boston, MA

## **Previous Hospital Appointments and Professional Activities**

- 1984-1985 Associate Staff, Norwood Hospital; Norwood, MA
- 1983-1985 Associate Staff, Westwood Lodge Hospital; Westwood, MA
- 1984-1986 Consulting Psychiatrist, Southeast Human Resources, Inc., Brockton, MA
- 1985-1986 Consulting Psychiatrist, Goddard Medical Associates, Brockton, MA
- 1985-1986 Staff Psychiatrist, Westwood Lodge Hospital; Westwood, MA
- 1986-1987 Attending Psychiatrist, 13 Thompson Unit, Thomas Jefferson University Hospital; Philadelphia, PA
- 1987-1989 Unit Director, 14 Thompson Unit, Thomas Jefferson University Hospital; Philadelphia, PA
- 1990-1991 Peer Review (telephone and file review); Health Related Services, Pittsburgh, PA
- 2013-Present Peer Review (telephone and file review); Dane Street, Walnut Creek, CA
- 2013-Present Peer Review (telephone and file review); Quality Assurance Reviews, Southampton, PA

## **Previous Academic Appointments**

- 1982-1985 Clinical Fellow (Resident) in Psychiatry; Harvard Medical School
- 1986-1987 Instructor, Department of Psychiatry and Human Behavior, Jefferson Medical College

## Professional Societies

- 1983-Present American Psychiatric Association, member
- 1986-Present Pennsylvania Psychiatric Society, member
- *Appointed representative to the Safe and Effective Prescribing Practices and Pain Management Work Group of the Pennsylvania Department of Drug and Alcohol Programs (2014)*
- 1986-Present Philadelphia Psychiatric Society, member
- *Appointed liaison to the Greater Philadelphia Pain Society (2010-Present)*
  - *Elected Councilor (2014)*
- 1986-Present Pennsylvania Psychiatric Association, member
- 1996-Present Greater Philadelphia Pain Society (chapter of the American Pain Society) member
- *Member, Board of Directors (2010-Present)*
  - *Chair, Education Committee (2011-2013)*
  - *President (2013-Present)*
- 2009-Present American Pain Society, member

## Awards and Honors

- 1991 Recipient of Annual Robert Waelder Award for Excellence in Teaching in Psychiatry, Thomas Jefferson University Hospital
- 2003 Awarded Fellowship status, American Psychiatric Association
- 2010 Awarded Distinguished Fellowship status, American Psychiatric Association
- 2013 Practitioner of the Year, Philadelphia Psychiatric Society
- 2014 Recipient of Dean's Award for Excellence in Education at Jefferson Medical College

## Bibliography

1. Sobel, R. "Expert Opinion: Questioning the Efficacy of Atypical Antipsychotics in Alzheimer's Disease". Practical Neurology, May 2007, 6:5: 18-20
2. Sobel, R., Lotkowski, S., Mandel, S., "Update on Depression in Neurologic Illness: Stroke, Epilepsy, and Multiple Sclerosis", Current Psychiatric Reports, October 2005, 7:5: 396-403

3. Sobel, R., Markov, D., "The Impact of Anxiety and Mood Disorders on Physical Disease: The Worried Not-so-well", Current Psychiatric Reports, June 2005, 7:3: 206-212
4. Mandel, S., Sobel, R., Cho, R., Lotkowski, S., Manon-Espaillet. R, "Depression: The Missing Piece of the Puzzle", Practical Neurology, December 2004, 3:12: 62-69
5. Gorton, G., Swirsky-Sacchetti, T., Sobel, R., Samuel S., Gordon, A., "Neurological Functions in Personality Disorder", in Assessment of Neuropsychological Functions in Psychiatric Disorders, American Psychiatric Association Press, Inc., Washington D.C., 1999
6. Swirsky-Sacchetti, T., Gorton, G., Samuel, S., Sobel, R. et al., "Neuropsychological Functioning in Borderline Personality Disorder", Journal of Clinical Psychology, May 1993, 44-3: 385-396
7. Schwenk, E.B., Sobel, R.M., Tepper, R., "Student Nutrition Group Offers Preventive Medicine Course", Pennsylvania Medicine, 1979; 82-2: 14-15
8. Sobel, R.M., "Longitudinal Ecological Assessment of the Nutritional Status on a Rural Guatemalan Lowland Plantation", Thesis, Master of Science Degree, Massachusetts Institute of Technology, 1977

## Presentations

1. Psychiatric Grand Rounds, Beth Israel Hospital, Boston, MA. "Case Report: Conversion Disorder, A Multidisciplinary Approach." (September 1984)
2. Workshop, Canadian Group Psychotherapy Association; Ottawa, Canada; "Beginning Psychotherapy Group; a Trainee's Experience." (October 1984)
3. Psychiatric Grand Rounds, Thomas Jefferson University Hospital; Philadelphia, PA. "Can the Length of Hospitalization be Shortened?" (September 1986)
4. Psychiatric Grand Rounds, Thomas Jefferson University Hospital; Philadelphia, PA. "The Psychiatric Inpatient Unit as Consultant to the Outside Therapist." (March 1988)
5. Workshop, Hospital and Community Psychiatry Annual Conference; Philadelphia, PA. "The Psychiatric Inpatient Unit as Consultant to the Outside Therapist." (October 1989)
6. Workshop, American Psychiatric Association Annual Meeting; New York, NY. "Structural and Cognitive Assessment of Borderlines." (May 1990)
7. Grand Rounds, Department of Family Medicine, Thomas Jefferson University Hospital; Philadelphia, PA. "How to Choose an Antidepressant." (January 1996)

8. Poster session, National Academy of Neuropsychology, Annual Conference; Las Vegas, Nevada; "Neuropsychological Functioning in Borderline Personality Disorder"; Swirsky-Sacchetti, T., Carey, M., Gorton, G., Samuel, S., Sobel, R. (November 1997)
9. Presentation, Speaker Training Program, Philadelphia, PA. Wyeth Ayerst. "The Pharmacology of Depression." (October 2000)
10. Grand Rounds, Department of Internal Medicine, Riddle Memorial Hospital; Ridley, PA. "Choosing an Antidepressant." (January 2001)
11. Presentation, Central Jersey Psychiatric Society. Rumson, NJ. "The Pharmacology of Depression." (May 2001)
12. Grand Rounds, Cooper Hospital/University Medical Center, Department of Psychiatry; Camden, NJ. "Achieving Remission in the Treatment of Depression." (April 2002)
13. CME Presentation: "Understanding Depression, Matching the Neurotransmitter to the Patient", Medical World Conferences, Philadelphia PA, Raleigh/Durham, NC. (June 2002)
14. Neurology Grand Rounds, Hahnemann Hospital, Philadelphia, PA: "Depression in Neurological Illness" (March 2003)
14. CME Presentation: "How to Choose an Antidepressant", Clinical Practice Enrichment Series. Philadelphia, PA. (April 2003)
16. CME Presentation: "The Psychopharmacology of Energy and Fatigue", multiple venues in Eastern United States. (2003)
17. CME Presentation: "Treatment of Neuropathic Pain", multiple venues in Eastern United States. (2003)
18. CME Presentation: "Deconstructing Syndromes into Symptoms", multiple venues in the Eastern United States. (2004)
19. CME Presentation: "Treating Residual Symptoms in the Depressed Patient: A Clinician's Dilemma", multiple venues in the United States. (2004)
20. Continuing Education Presentation at Thomas Jefferson University Hospital series on Pain Management for clinical nurses: "Pain Management in the Geriatric Population." (June 2004)
21. Neurology Grand Rounds, Albert Einstein Medical Center; Philadelphia, PA: "The role of GABA in Neurological Illness." (December 2004)

22. Medicine Grand Rounds, Bryn Mawr Hospital; Bryn Mawr, PA: "Off-Label Uses of Medications in Pain Management." (May 2005)
23. Greater Philadelphia Pain Society; Philadelphia, PA: "Psychopharmacology of Co-Morbid Pain and Depression." (May 2006)
24. Greater Philadelphia Pain Society; Philadelphia, PA: "Psychopharmacology of Pain in the Elderly." (April 2011)